

# Expanding Our Inner Space



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Welcome to Structural Integration.

Thank you for committing to a session at Asheville Structural Integration. I am very excited at this opportunity to become an integral member of your health care team. Your experience can be more fulfilling by attending to the following:

1. Before your session, please drink plenty of water and eat no more than moderately.
2. Please bring the following forms with your information completed as well as you can. This will maximize your session time.  
Click on each link, print the form, and come back to this browser window tab for the next form.  
(You may have to close the form's window tab to come back here to this browser window tab for the next form.)  
[Click Here for Medical History Form](#)  
[Click Here for Application Consent Form](#)  
[Click Here for Fees and Policies](#)
3. Directions to the office are below. Parking is free in our lot at 390 South French Broad Ave. You may access the front handicap access entrance from the parking lot.
4. Please arrive a few minutes early if possible and enjoy your quiet time in our lobby. Before your session you are welcome to use the restroom, off our lobby breezeway.

I am committed to your experience being informative, productive, and enjoyable. Please call if you have any questions. I look forward to meeting you.

Warmly,

Jack Boyd, L.M.B.T.#3925  
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P.S. You can now check my schedule from my website in real-time to see what is available.

Just click on the following button to book your next appointment yourself or give me a call at 828-230-9218.



Directions: ([GoogleMapHere](#)) DIRECTIONS: From downtown **I-240 exit 5B** to Charlotte St, turning right. Proceed straight and continue on Charlotte St, crossing Biltmore Ave, and continuing straight until McDowell/Asheland. Left on McDowell until Chocktaw. Right on Choctaw until South French Broad. Left to 390 South French Broad Ave, Home of WNC Holistic Center and WNC Birth Center.

DIRECTIONS: From **I-40 exit 50B** to North Hendersonville Rd. Use the left 2 lanes to turn slightly left onto All Souls Crescent. Continue onto McDowell St. Left on Choctaw to 390 S French Broad Ave.