

**Personal History Form**  
(Confidential)

Name: \_\_\_\_\_ Home Ph. (Eve) ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Street: \_\_\_\_\_ Work Ph. (Day) ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Mobile/ Cell Ph.( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ Sex: M / F Ht. \_\_\_\_\_ Wt. \_\_\_\_\_

Occupation: \_\_\_\_\_ Email: \_\_\_\_\_

**How did you hear about us?**

**Can we inform you of new info & opportunities?** \_\_\_\_\_

Healthy Habits /Activities	_____
Major physical injuries / disabilities / concerns / Physical discomforts (note specific stressors)	_____ _____ _____ _____ _____ _____ _____ _____
Therapy goals (be specific)	_____ _____

Do you wear contacts and / or dental appliances?	Yes	No	Ever been in manual or physical therapy? (Past or present)	Yes	No
Do you wear arch supports and / or depend upon surgical implants?			<i>(Men/Women) Sexual difficulties, (Women) Menstruation, or other difficulties?</i>		
Are you now under treatment / or medication?			<i>(Women) Are you pregnant? (Women) Do you use an IUD?</i>		
Comments:			Comments:		

Consulting Physicians and other Health Care Team Providers: (Name, Address, City, State, Zip, Phone, Fax, Optional Comment)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Regarding my dependent minor, or me, I give my manual therapist and Asheville Structural Integration LLC permission to consult with listed health care providers and/or the relevant services of the Conscious Health Collaborative regarding health, treatment, billing and scheduling logistics. I contract to participate fully as a member of this health care team, making sound choices regarding treatment based upon my experience of information and suggestions provided by this health care team. It is my choice to receive manual therapy, and I give my consent to receive treatment. I agree to participate in the self-care program we select and promise to inform my practitioner of changes in health or any time I feel well-being is compromised.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_